

Standard Process has products to support healthy adrenal function and emotional balance.

Quality

From Seed to Supplement®

Adrenal Support for Hectic Lives

Adrenal Health Daily Fundamentals

Daily support packs contain:

Drenamin®	Supports adrenal function and helps maintain emotional balance and energy production
Paraplex®	Supports cellular health and healthy pancreas, pituitary, thyroid, and adrenal gland function
Cataplex® A-C-P	Supports cardiovascular health, immune system function, and cell maintenance

These products are also available individually.



Buckwheat

Additional Support Products

Trace Minerals-B₁₂™	Combines important nutrients to support enzymatic reactions in the body
Adrenal Desiccated	Supports endocrine health and immune system function during times of increased demand
Drenatrophin PMG®	Provides a unique profile of minerals, nucleotides, and peptides along with unknown factors to support adrenal gland health



Alfalfa - Found in Trace Minerals-B₁₂



“Whole food nutrition begins with sun, water, and fertile soil.”
—Dr. Royal Lee

Our Commitment to Quality

Since 1929, Standard Process has followed the whole food philosophy of our founder, Dr. Royal Lee. Many of our supplements contain unique combinations of whole food and other ingredients.

Many of our raw materials are harvested from our certified organic farm. Our quality control measures assure product excellence in every stage, from farming through shipping.

Our Respect for the Earth

Our organic farming practices ensure that the quality of our farmland is maintained for generations to come. We use environmentally safe farming, manufacturing, and business practices.

Our Promise to You

Our goal is to create supplements that provide nutrition as close to nature as possible. We're proud that our products help health care professionals transform lives.

Distributed Through Health Care Professionals

The informed guidance of a health care professional is vital to the optimal use of nutritional and herbal supplements.



Watch our adrenal health video series with Dr. Annette Schippel, DC, on these product pages at standardprocess.com.

- Adrenal Health Daily Fundamentals
- Adrenal Desiccated
- Trace Minerals-B₁₂™
- Drenatrophin PMG®



Whole Food Supplements Since 1929
standardprocess.com



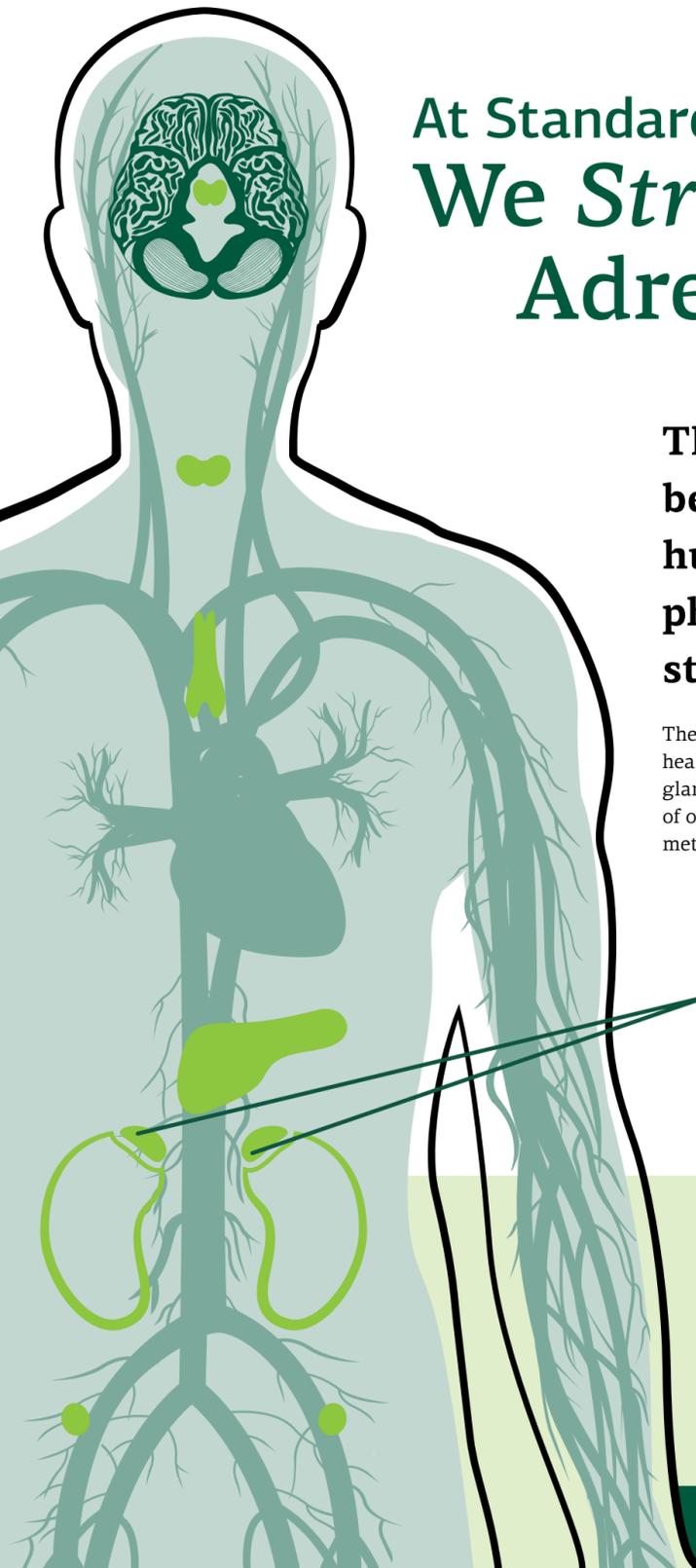
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These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Whole Food Supplements Since 1929
standardprocess.com





At Standard Process We Stress Healthy Adrenal Glands

The adrenal glands may be small, but they play a huge role in the complex physical network that stress sets in motion.

These glands have a great influence on our overall health and vitality. They interact with the thyroid gland, gonads, and pancreas and are an integral part of our immune response as well as the cardiovascular, metabolic, and central nervous systems.

Adrenal Glands



Lifestyle and Nutritional Support

When the Stress Button Is Always On

Stress is defined as anything the body has to react to—good, bad, or neither. So the food we eat, the environment we live in, our physical makeup, and the emotions that we experience require constant correction from the body's systems. If you're facing danger, the body's stress response is good. If you're speeding to work or facing tight deadlines, this perceived danger tricks the stress response system into constant action.

Ideally, the body shouldn't be on red alert all the time. If it is, patients can begin to feel tired, report less restful sleep, have difficulty managing family and work interactions, and have more trouble concentrating or making decisions. In response, some patients may sleep less or sleep excessively, lose track of their diets, disengage from social support networks, and generally feed a vicious cycle.

Adrenal Fatigue

Adrenal fatigue is often a term of last resort. After other challenges have been ruled out, it best fits patients who report feeling a great deal of stress, general tiredness, feeling "off," or having low energy. At this point it could be that a patient's adrenal glands can't keep up with the brain or nervous system signals for hormone release.

The Stress Response in the Body

The adrenal glands produce hormones like cortisol, aldosterone, and others. The pituitary gland, the renin-angiotensin system, and other hormones trigger the release of these chemicals. They fuel the body's response to stressors like food consumption, immune challenge, and blood pressure regulation. The adrenals also produce adrenaline and noradrenaline. When facing a real or perceived threat, the sympathetic nervous system triggers the release of these hormones to provide energy and push blood to the brain and muscles.

Lifestyle changes can be helpful in reducing stress, and adrenal support can also be addressed through nutrition. Patients should watch their diets and work toward healthy choices. Supplements with targeted support for the endocrine system, cardiovascular health, mood, and cellular function can also provide support for the body's innate healing mechanisms to do their job. Supplementation can support patient efforts to improve diet and lifestyle choices.

Patient tips for less stress and supporting adrenal health:

- 1 Do mild exercises, like walking or yoga.
- 2 Get enough sleep.
- 3 Eat a healthy diet.
- 4 Get outdoors.
- 5 Practice meditation or mindfulness exercises.

Several ingredients found in Standard Process adrenal support products:

● **Emotional Balance**
Consider support with Drenamin®.



● **Cardiovascular**
Consider support with Cataplex® A-C-P.



● **Cellular Function**
Consider support with Paraplex® or Trace Minerals-B₁₂™.



● **Endocrine**
Consider support with Drenamin®, Paraplex®, Adrenal Desiccated, or Drenatrophin PMG®.



Alfalfa



Buckwheat



Pea Vine



Mushroom